A large part of your life will be spent working. The average person will work 40 or more hours a week, 50 weeks a year, from about age 20 until retirement, adding up to 90,000 hours. It is important that you spend much of that time enjoying what you do.

While you can’t control some parts of your life, it is possible to choose your own occupation.

Our intention is that you will be able to use this guide toward choosing a rewarding career that is right for you. Through identifying your goals, interests and skills, and focusing on those fields for which you are best suited, you will most likely be successful. In order to assist you in the process of choosing what areas to explore, the following pages will focus on three major questions:

• **WHO AM I?**
• **WHERE AM I GOING?**
• **HOW DO I GET THERE?**

We wish you much success in your journey!

*If you choose an occupation you love, you will never have to “work” a day in your life.*