

## ONLINE LEARNING TIPS

# STAY CONNECTED

Connect with family and friends for a healthy school and life balance. Stay in touch with instructors and classmates to complete coursework effectively.



Schedule video calls with friends and family. Talking with loved ones is helpful when you're stressed or nervous. Taking a break to have a laugh is also important.



Use Zoom, Google Hangouts, Skype, etc. to meet with classmates.



Attend virtual office hours with your instructor.



Take advantage of Learning Commons online academic assistance.



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