

wheat café

Hot foods available from 11:00AM – 1:00PM
 Wednesdays & Thursdays from 10/2/24 through 11/21/24

Menu 1 October 2 through October 24	Menu 2 November 6 through November 21
<p>Southern Chicken, Okra, and Andouille Gumbo Served with white rice \$4.00</p>	<p>Autumn Vegetable Chowder Hickory smoked bacon, sweet corn, bell peppers, potatoes, served with southern cathead biscuit \$4.00</p>
<p>Baby Spinach Salad With red onion julienne, hard-boiled eggs, bacon, sun dried tomato vinaigrette \$6.50</p>	<p>Roasted Beet & Arugula Salad Red & gold beets, shredded carrots, toasted pecans, bleu cheese, cider vinaigrette \$6.50</p>
<p>Mediterranean Style Pasta House made pasta, broccoli, roasted peppers, kalamata olives, feta cheese \$7.00</p>	<p>House Made Pasta with Parmesan Cheese Mushrooms, spinach, pancetta, cream, and chive essence \$7.00</p>
<p>Protein Bowl with Crispy Tofu & Vegetables Forbidden rice, pickled carrots, sesame roasted vegetables and creamy sweet sriracha sauce \$8.00</p>	<p>BBQ Chicken & Quinoa Bowl Black beans, red cabbage, sweet corn, tomatoes, avocado, cilantro-lime dressing \$8.00</p>
<p>Green Chile, Turkey & Gold Potato Burritos With roasted tomato salsa and tortilla chips on the side \$8.00</p>	<p>Hawaiian Huli Huli Chicken Sandwich Hawaiian roll, soy-ginger-pineapple marinated chicken, creamy slaw, pepperjack cheese, with house made potato chips \$8.00</p>
<p>Bemi's Ultimate Cheesy Overload Burger Three cheeses, bacon jam, fried onions, garlic confit aioli, with house made fries \$8.00</p>	<p>Heidi's "YUM" Burger Asian inspired beef burger, crunchy slaw, quick pickle cucumbers, zesty may, with house made fries \$8.00</p>
<p>South Asian Chicken Flatbread Marinated boneless chicken with Turmeric, pickled jalapeños, baby spinach, lemon yogurt \$6.00</p>	<p>Banh Mi-Inspired Flatbread Marinated pork, mozzarella cheese, carrots, daikon radish, English cucumbers, creamy sriracha sauce \$6.00</p>
<p>Orange-Bittersweet Chocolate Scone Citrusy Lemon Brownie Turtle Cheesecake Mississippi Mud Bar \$2.00 each</p>	<p>Almond-Cherry Scone Cornflake Chocolate Chip Marshmallow Cookie Mini Peach & Maple Ricotta Cheesecake Frosting Super Chippy Chocolate Peanut Butter Cookie \$2.00 each</p>
<p>Iced Tea, Lemonade or Half and Half \$2.00</p>	