

# **EMS/FIRE SCIENCE DIVISION**

# **EMT & PARAMEDIC HEALTH REQUIREMENTS**

Please read this packet carefully as some requirements have changed. Previous versions of this packet are not in force and will not be honored.

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## HEALTH REQUIREMENTS OVERVIEW

As a student of the College of DuPage (COD) health career programs, the completion of all health requirements is mandatory. Depending upon the program to which you are applying, medical requirements may need to be completed prior to registration or after program admission. Please see the specific program registration or admission packet for detailed information on when to begin completing health requirements, drug tests, CPR, criminal background checks and proof of insurance submission.

Specific health requirements are mandated by the clinical sites and are subject to change based on current medical advice and practices. You have two options for completing the health requirements; you can use your own Healthcare Provider <u>or</u> choose Edward Occupational Health (EOH). EOH has provided College of DuPage students with special pricing. Please note that EOH does not accept personal health insurance.

The background check and drug screen must be completed through the College of DuPage CastleBranch account.

College of DuPage has partnered with Edward Occupational Health (EOH) to ensure compliance of students' medical requirements. Any charges are the student's responsibility and are due at the time of service. It is recommended that students verify with their insurance provider whether required services are covered by their personal health insurance. It is ultimately the student's decision where they complete their health requirements. EOH, or provider of your choice, may complete all of the services; however, EOH <u>must</u> complete the required chart review. Please note: College of DuPage will not receive any of your medical records; they are your and your health care provider's responsibility and property. **EOH will provide a clearance form directly to you and College of DuPage**.

To access EOH's services, call the various location(s) (see page 8), identify yourself as a College of DuPage student and discuss what services you need. You must bring all required documentation to EOH for a Chart Review.

# **HEALTH REQUIREMENTS INFORMATION**

The following immunizations are mandated by the clinical site (on-campus & off-campus) and are important for our commitment to public safety including personal safety from exposure to potential disease during clinical work.

| Requirement   | What   |
|---|--|
| Physical Examination  | A summary of the physical exam performed by your primary care provider<br>(i.e. MD, NP) using the required enclosed form. Your doctor <u>must</u> use the<br>form enclosed on page 9 & 10. You will then bring this form to your EOH<br>Chart Review appointment.                    |
| Flu Vaccine   | Vaccine given annually.<br>(The flu vaccine is seasonal and changes every year in the Fall). You must<br>obtain proof of the current flu vaccine.  |
|   | <ul> <li><u>Proof of current vaccination</u> <u>MUST</u> include the following:</li> <li>(1) Student name</li> <li>(2) Clinic name</li> <li>(3) Date administered</li> </ul>   |
| Tetanus/Diphtheria/Pertussis Vaccination<br>(TDAP)  | Obtain a one-time dose of TDAP if you have not previously received. Obtain TD boosters every 10 years thereafter.  |
| QuantiFERON TB Gold Blood Test  | Blood test that aids in the detection of <i>Mycobacterium tuberculosis</i> , the bacteria which causes tuberculosis (TB). This test is done annually.  |
|   | A positive QuantiFERON-TB Gold result means that the person has been<br>infected with TB bacteria and should be followed by further medical and<br>diagnostic evaluation to determine if the person has latent TB infection or TB<br>disease. <b>A chest x-ray will be required.</b> |
| Titers for:<br>Hepatitis B Titer<br>Varicella – (Chicken Pox)   | Documented antibody/IGG titer levels indicating immunity (blood draw to demonstrate your immune status to identified communicable diseases). To be effective, the blood test must indicate that you are positive for immunity.   |
| MMR – Rubeola (Measles), Mumps and Rubella<br>(German Measles)  |  |
| <b>COVID Vaccine:</b> <u>FIRE 2271 EMT ONLY:</u><br>Some clinical sites will accept a Religious<br>Exemption (for COVID only) or a letter of<br>declination. However, this will limit your choice<br>of clinical sites. | Documented proof of current vaccination <u>MUST</u> include the following:<br>(1) Student name<br>(2) Date(s) administered<br>(3) Manufacturer<br>(4) Lot# of vaccine(s)   |
| Chart Review <u>MUST</u> be done by Edward Occupational Health  | All medical records must be reviewed by Edward Occupational Health. A clearance form will be completed at your appointment. <b>Please do <u>NOT</u> begin until instructed to do so.</b>   |
|   | Please allow plenty of time to get all requirements completed and reviewed by Edward Occupational Health.  |
|   |  |

| Requirement  | What  |
|--|---|
| Drug Test – This <u>MUST</u> be done through<br><u>CastleBranch;</u>   | A 10 panel urine drug test will be used to identify the presence. Please do<br><u>NOT</u> begin until instructed to do so. (Refer to specific program instructions<br>for appropriate package code and further details)   |
| Do <u>NOT</u> begin until instructed to do so  | <b>IMPORTANT NOTE</b> : 'Positive' results for Marijuana will <u>NOT</u> be accepted as marijuana is not federally regulated. This means that if you receive a 'positive' result for Marijuana, you will <u>not</u> be able to move forward in the program as the clinical sites require a 'clear' drug test. FYI, marijuana can remain in your system for at least 4-8 weeks. Please note that even if you had a prescription for medical marijuana, it will still not be accepted. This policy is also stated in our <u>Policy for Professional Conduct</u> . |
|  | If you receive a <i>"dilute negative"</i> result, this means that your urine was too diluted to obtain an accurate result and you need to re-pay and take a new drug test. Please be cognizant of how much liquid you drink. It is best to try to schedule the test first thing in the morning when the sample will be most concentrated, if possible.  |
| <b>Medical Document Manager</b> – This <u>MUST</u> be<br>done through <u>CastleBranch</u>  | If required by your Paramedic Program, all medical documents must be<br>uploaded to <u>CastleBranch</u> once the chart review is complete. Students will have<br>unlimited access to their Medical Documents through graduation and beyond.   |
| Does NOT apply for EMT.  | Students whose Paramedic Programs utilize the Medical Document Manager will be provided detailed instructions on how to set up their account once accepted into a program.  |
| Background Check Must be done through CastleBranch;  | Background Checks are completed through <u>CastleBranch</u> . Please do <u>NOT</u> begin until<br>instructed to do so. Please refer to the appropriate Paramedic Application packet or<br>EMT Registration Packet for details including instructions and package code.  |
| Must be done for EMT prior to registration.<br>Paramedic Program due dates vary by program.<br>Refer to their specific application packet. | EMT Registration packets are posted on the <u>EMT webpage</u> .<br>Paramedic Application Packets are posted on the <u>Paramedic Webpage</u> .   |
| CPR Card   | Must be American Heart Association – BLS for Health Care Providers. Card must be signed by student. Must be valid through entire length of chosen program.  |
|  | (Does <u>NOT</u> apply for FIRE 2271 EMT).  |
| Medical Insurance  | Can be purchased through the college's insurance carrier. Please visit <u>Student</u><br><u>Health Insurance</u> website for details.   |
|  | Must be comprehensive health insurance and valid through entire length of chosen program.   |

# **HEALTH REQUIREMENTS PRICING**

Below is a list of health services and the current fees charged by Edward Occupational Health. Students may also check their local health department, convenient care locations or retail clinic, as they may offer some or all of the services. Students may use their own health care provider for any or all of the services with the exception of the background check and drug screen, which <u>must</u> be completed through <u>CastleBranch</u>. Please note that the cost for the health requirements is the responsibility of the student, and requirements and pricing are subject to change. <u>The Chart Review must</u> be completed by Edward Occupational Health and the student is responsible for the fee. The Medical Document Manager tracking will be completed by <u>CastleBranch</u> and you, as a student, will always have access to your medical records.

#### \*\*\*\*\*Pricing is determined by Edward Occupational Health and is subject to change without notice \*\*\*\*\*

| Services Offered   | Cost    | Notes   |
|--|---------|---|
| Physical Examination (includes Color Vision)   | \$69    |   |
| Flu Vaccine –  | \$30    | Proof of vaccination <u>MUST</u> include the following:<br>(1) Student name, (2) Clinic name, (3) Clinic address,<br>(4) Date administered and (5) Lot # of vaccine |
| Note: The flu vaccine is seasonal and changes every year in the Fall.  | Ç.C     | If flu vaccine is not available, students will be required<br>to get vaccine when it becomes available in the Fall.<br>*Pricing varies by clinic and season         |
| Tetanus/Diphtheria/Pertussis Vaccination<br>(TDAP)   | \$85    | Obtain a one-time dose of TDAP if you have not<br>previously received vaccine. Obtain TD boosters every<br>10 years thereafter                                      |
| QuantiFERON TB Gold Blood Test   | \$100   |   |
| Hepatitis B Antibody/IgG Titer   | \$54    |   |
| Varicella Antibody/IgG Titer (Chicken Pox)   | \$70    |   |
| Rubeola Antibody/IgG Titer (Measles)   | \$43    |   |
| Mumps Antibody/IgG Titer   | \$33    |   |
| Rubella Antibody/IgG Titer (German<br>Measles)   | \$33    |   |
| <b>Chart Review -</b> This <u>MUST</u> be done by<br>Edward Occupational Health  | \$38    |   |
| Drug Test – This <u>MUST</u> be done through<br><u>CastleBranch.com</u><br>Do <u>NOT</u> begin until instructed to do so | \$33.99 | 10 Panel: Marijuana, Cocaine, Phencyclidine,<br>Amphetamines/Methamphetamines, Opiates,<br>Barbiturates, Benzodiazepines, Methadone,<br>Methaqualone & Propoxyphene |
| Medical Document Manager – This <u>MUST</u><br>be done through <u>CastleBranch.com</u>                                   | \$19.49 | The student's records will be managed through<br>CastleBranch by creating a personal profile that they<br>will have unlimited access to beyond graduation.          |
| <b>Background Check</b> – This <u>MUST</u> be done<br>through <u>CastleBranch.com</u>                                    | \$72.99 | EMT students must complete prior to registration.<br>Paramedic students will vary by program.   |

| Possible Additional Services    | Cost                       | Notes                                 |
|---------------------------------|----------------------------|---------------------------------------|
| MMR Vaccine (per dose)          | \$100                      |                                       |
| Varicella Vaccine (per dose)    | \$170                      |                                       |
| Hepatitis B Vaccine (per dose)  | \$82                       |                                       |
| Tetanus/Diphtheria (TD-Booster) | \$77                       |                                       |
| TB Positive PPD Form            | \$13                       |                                       |
|                                 | Contact Edward             | X-ray – Chest 2 views - \$59          |
| Chest V Dev                     | <b>Occupational Health</b> | Tech Fee – Chest X-ray 2 Views - \$70 |
| Chest X-Ray                     | for additional             |                                       |
|                                 | information                |                                       |

### EDWARD OCCUPATIONAL HEALTH SERVICES LOCATIONS

You MUST visit one of these locations to complete an in-person Chart Review

### Hours & Locations

## Scheduling Line: (630)527-7299 – Option 2

| ADDISON                              | NAPERVILLE                         |  |
|--------------------------------------|------------------------------------|--|
| 303 W. Lake Street Addison, IL 60101 | 100 Spalding Dr, Suite 212         |  |
| 8:30 am – 5:00 pm Mon – Fri          | Naperville, IL 60540               |  |
|                                      | 7:00 am – 5:00 pm Mon – Fri        |  |
| BOLINGBROOK                          | PLAINFIELD – Opening Soon          |  |
| 130 N. Weber Rd. Ste. 105            | 24600 W. 127th Street Garden Level |  |
| Bolingbrook, IL 60440                | Plainfield, IL 60585               |  |
| 8:00 am – 6:00 pm Mon – Fri          | 8:30 am – 5:00 pm Mon – Fri        |  |
| 8:00 am – 12:00 pm Sat               |                                    |  |
| ELMHURST                             |                                    |  |
| 1200 S. York Street, Suite 1509      |                                    |  |
| Elmhurst, IL 60126                   |                                    |  |
| 7:00 am – 5:00 pm Mon – Fri          |                                    |  |

### **PHYSICAL EXAMINATION FORM**

College of DuPage - 425 Fawell Blvd, Glen Ellyn, IL 60137

| This form must                                       | be completed by your physician and brought to Edward C | Occupational Health for your Chart Review |   |  |  |
|--|--|---|---|--|--|
| Please Print   |  |   |   |  |  |
| Name   |  |   |   |  |  |
| Last   | First  |   |   |  |  |
| Health Program                                       | Date of Birth (MM/DD/YYYY)                             | SS#                                       | - |  |  |
| Must be completed by a licensed medical professional |  |   |   |  |  |
| Height We  | ight Blood Pressure                                    | Pulse                                     |   |  |  |

Physical Findings - Must be completed by a licensed medical physician, nurse practitioner or physician assistant.

| Body Systems              | Normal | Abnormal, please describe |
|---------------------------|--------|---------------------------|
| Cardiovascular            |        |                           |
| Eye                       |        |                           |
| Ear, Nose, Throat         |        |                           |
| Conversational Hearing    |        |                           |
| Color Vision              |        |                           |
| Gastrointestinal          |        |                           |
| Metabolic-Endocrine       |        |                           |
| Musculoskeletal           |        |                           |
| Neurological              |        |                           |
| Respiratory               |        |                           |
| Skin (Exposed areas only) |        |                           |
| Lymph Nodes               |        |                           |

Is student presently under any medical treatment? If yes, please explain:

| Concl  | usion: (check one)  |  |
|--|---|--|
|  | The student is medically cleared to perform essential functions defined by the health programs of College of DuPage and the career being educated for (see next page for complete listing of essential functions).  |  |
|  | ] The student is medically cleared to perform essential functions defined by the health programs of College of DuPage and the career being educated for with the following <b>accommodation(s)/restriction(s)</b> . |  |
|  |   |  |
| The student <b>has</b> <u>not</u> been medically cleared to perform essential functions defined by the health pro<br>College of DuPage and of the desired health career. |   |  |
| Exam   | iner's Name ( <i>Please Print</i> ) Date of Examination   |  |
| Signa  | ture of Examiner  |  |
| This p   | hysical exam satisfies the requirements of all College of DuPage Health Science programs and all clinical sites.  |  |

## **COLLEGE OF DUPAGE ESSENTIAL FUNCTIONS**

Health Career Programs

#### Please take this document to your Physical Exam appointment

These are generally required for all College of DuPage Health Career Programs. Variations of this will be addressed in program or course specific information. If the ability to perform these essential functions with or without reasonable accommodations result in the inability to meet identified student learning outcomes, the student may be at risk of not successfully completing the course and/or program.

#### **MOTOR CAPABILITY:**

- 1. Move from room to room and maneuver in small spaces
- 2. Squat, crawl, bend/stoop, reach above shoulder level, use standing balance, and climb stairs
- 3. Lift and carry up to 50 lbs., and exert up to 100 lbs. force or push/pull
- 4. Use hands repetitively; use manual dexterity; sufficient fine motor function
- 5. Must be able to walk and stand for extended periods of time
- 6. Perform CPR
- 7. Travel to and from academic and clinical sites

#### SENSORY CAPABILITY:

- 1. Coordinate verbal and manual instruction
- 2. Auditory ability sufficient to hear verbal communication from clients and members of the health team; includes ability to respond to emergency signals.
- 3. Discern soft sounds, such as those associated with taking a blood pressure
- 4. Visual acuity to acquire information from documents such as charts
- 5. Comfortable working in close physical proximity to patient

#### COMMUNICATION ABILITY:

- 1. Communicate effectively in English with patients, families, and other health care providers, both verbally and in writing
- 2. Effectively adapt communication for intended audience
- 3. Interact; establish rapport with individuals, families, and groups from a variety of social, emotional, cultural and intellectual backgrounds
- 4. Assume the role of a health care team member
- 5. Function effectively under supervision
- 6. Sufficient command of the English language in order to read and retrieve information from lectures, textbooks, as well as understand medical terminology
- 7. Skills include computer literacy

#### **PROBLEM SOLVING ABILITY:**

- 1. Function effectively under stress
- 2. Respond appropriately to emergencies
- 3. Adhere to infection control procedures
- 4. Demonstrate problem-solving skills in patient care (measure, calculate, reason, prioritize, and synthesize data).
- 5. Use sound judgment and safety precautions
- 6. Address problems or questions to the appropriate persons at the appropriate time
- 7. Organize and prioritize job tasks

#### BEHAVIORAL SKILLS AND PROFESSIONALISM:

- 1. Follow policies and procedures required by academic and clinical settings
- 2. Adheres to College of DuPage Academic Honesty Policy (per College Catalog)
- 3. Adheres to College of DuPage Code of Conduct (per College Catalog)
- 4. Abides by the guidelines set forth in the Health Insurance Portability and Accountability Act (HIPAA, i.e., the national privacy act).



### EDWARD OCCUPATIONAL HEALTH CLEARANCE FORM

NURSING & HEALTH SCIENCES DIVISION CHART REVIEW

\*\*\*\*\*\*Form is filled out by Edward Occupational Health - NOT STUDENT\*\*\*\*\*

| College of DuPage Program Name:  | Semester Clinicals begin:  |
|--|--|
| Be advised that: LAST NAME:  | FIRST NAME:  |
| (PLEASE PRINT)   |  |
| Physical Exam Date:<br>The student is medically cleared to perform essential<br>functions defined by the health programs of College of | Immunity (status) – Positive Antibody/IgG Titers<br>Required for: Hepatitis B, Varicella and MMR.                        |
| DuPage.  | HEPATITIS B:<br>For negative or equivocal titer results:<br>• The complete vaccine series must be completed. Titer is to |
| Flu Vaccine Date: Clinic Name:   | be completed 4 weeks subsequent to completion of series.   |
| Clinic Address:  | Hepatitis B Original Vaccine Series:   |
|  | 2nd Administration Date:         3rd Administration Date:  |
| Lot #:   | Hepatitis B IgG Antibody Titer   |
| Tdap Vaccine Date:   | Titer Date: Result:  |
| Td Booster if applicable Date:<br>(Original Tdap vaccine date required)  | Negative or Equivocal Titer:   |
| Color Vision:  | Vaccine Booster Series<br>4 <sup>th</sup> Administration Date:   |
| Pass: (circle) Yes OR No   | 5th Administration Date:         6th Administration Date:  |
| QuantiFERON-TB Gold Blood Test Date:   | Repeat Titer Date: Result:   |
| Result: Expires:   |  |
| Only If medically necessary:   |  |
| Chest X-Ray Date:  |  |
| Result: Expires:   |  |
| Annual TB Questionnaire Date:  |  |
| "Negative" Chest X-Ray in past? (circle) Yes <b>OR</b> No  |  |
| Date of <i>"Negative"</i> Chest X-Ray:   |  |
|  |  |

| <ul> <li>VARICELLA:</li> <li>For negative or equivocal titer results: <ul> <li>If vaccination series was previously administered, one booster is required. Titer is to be completed 4 weeks subsequent to administration of booster.</li> </ul> </li> <li>If vaccination series has not been previously administered, the series must be completed and followed by a titer 4 weeks subsequent to the completion of the series</li> </ul> | <ul> <li>Measles (Rubeola), Mumps &amp; Rubella (MMR):</li> <li>For negative or equivocal titer results:         <ul> <li>If vaccination series was previously administered, one booster is required. Titer is to be completed 4 weeks subsequent to administration of booster.</li> <li>If vaccination series has not been previously administered, the series must be completed and followed by a titer 4 weeks subsequent to the completion of the series</li> </ul> </li> </ul> |  |
|--|---|--|
| Varicella Original Vaccine Series          1st Administration Date:         2nd Administration Date:   | MMR Original Vaccine Series          1st Administration Date:         2nd Administration Date:  |  |
| Varicella IgG Antibody Titer         Titer Date:   | Measles (Rubeola) IgG Antibody Titer  Titer Date: Result:   |  |
| Negative or Equivocal Titer:         Booster Date:         Repeat Titer Date:         Result:  | Mumps IgG Antibody Titer  Titer Date: Result:  Rubella IgG Antibody Titer   |  |
|  | Titer Date: Result:<br>Negative or Equivocal Titers:  |  |
| Repeat Titer Date:       Result:         NON-RESPONDERS have been counseled by a healthcare professional regarding precautions to prevent infection.   |   |  |
| Initial Date   |   |  |
| 1. 🗌 Records have been reviewed and/or examination has been  | performed by physician. Based on the information, student is  |  |

2. Cleared with the following restriction (restrictions may prevent acceptance into program).

clear to perform job duties without physical restrictions.

3. Based on Physician's report and/or other diagnostic findings, student is **NOT** medically cleared for the health program at the College of DuPage.

Signature

Date

## FOR EMT & PARAMEDIC PROGRAMS ONLY

### QuantiFERON, Drug Screen and Other Important Dates

In addition to all Health Requirements listed in the Health Requirement Packet, the programs below have specific dates you must comply with.

<u>Complete page #9 and page #9 only with your personal/primary care physician only</u>. Be sure to review the immunization requirements outlined in the Health Requirements Packet with your personal/primary care physician and be sure to obtain an up-to-date copy of your immunization history.

### Spring 2025 EMT Students

Spring 2025 EMT Students: QuantiFERON TB Gold Blood Test completed: 05/23/2024 or later

Drug Test complete: 2/18/25 to 3/18/2025 (Note: If you complete prior to this date, you will need to pay and take another drug test)

Go to <u>www.CastleBranch.com</u> and enter package code: <u>CB39dt</u> – Drug Test Only

### Spring 2025 CDH, Edward, & Loyola Paramedic Students

Due date for all requirements is <u>posted on your Steps for Completing the Paramedic Program Health</u> Requirements form.