

# **EMS/FIRE SCIENCE DIVISION**

# **EMT & PARAMEDIC HEALTH REQUIREMENTS**

Please read this packet carefully as some requirements have changed. Previous versions of this packet are not in force and will not be honored.

Updated 10/29/24

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# **HEALTH REQUIREMENTS OVERVIEW**

As a student of the College of DuPage (COD) health career programs, the completion of all health requirements is mandatory. Depending upon the program to which you are applying, medical requirements may need to be completed prior to registration for the class/program. Please see the specific program registration or admission packet for detailed information on when to begin completing health requirements, drug tests, CPR, criminal background checks and proof of insurance submission.

Specific health requirements are mandated by the clinical sites and are subject to change based on current medical advice and practices. You have two options for completing the health requirements; you can use your own Healthcare Provider <u>or</u> choose Edward Corporate Health (ECH). ECH has provided College of DuPage students with special pricing. Please note that ECH does not accept personal health insurance.

The background check and drug screen must be completed through the College of DuPage *CastleBranch account*. CNA students' background checks will be completed after registering for the course.

College of DuPage has partnered with Edward Corporate Health (ECH) to ensure compliance of students' medical requirements. Any charges are the student's responsibility and are due at the time of service. It is recommended that students verify with their insurance provider whether required services are covered by their personal health insurance. It is ultimately the student's decision where they complete their health requirements. ECH, or provider of your choice, may complete all of the services; however, ECH <u>must</u> complete the required chart review. Please note: College of DuPage will not receive any of your medical records; they are your and your health care provider's responsibility and property. ECH will provide a clearance form directly to you and College of DuPage.

To access ECH's services, call the various location(s) (see page 8), identify yourself as a College of DuPage student and discuss what services you need. You must bring all required documentation to ECH for a Chart Review.

# **HEALTH REQUIREMENTS INFORMATION**

YOU ARE ENCOURAGED TO ATTEND AN ADVISING SESSION PRIOR TO STARTING HEALTH REQUIREMENTS TO ENSURE THAT YOU HAVE A CLEAR UNDERSTANDING OF ALL REQUISITE FORMS AND REQUIREMENTS.

The following immunizations are mandated by the clinical site (on-campus & off-campus) and are important for our commitment to public safety including personal safety from exposure to potential disease during clinical work.

Requirement	What
Physical Examination	A summary of the physical exam performed by your primary care provider (i.e. MD, NP) using the required enclosed form. Your doctor <u>must</u> use the form enclosed on page 9 & 10. You will then bring this form to your ECH Chart Review appointment.
Flu Vaccine	Vaccine given annually. (The flu vaccine is seasonal and changes every year in the Fall). You must obtain proof of the current flu vaccine.
	Proof of current vaccination MUST include the following: (1) Student name (2) Clinic name (3) Date administered
Tetanus/Diphtheria/Pertussis Vaccination (TDAP)	Obtain a one-time dose of TDAP if you have not previously received. Obtain TD boosters every 10 years thereafter.
QuantiFERON TB Gold Blood Test	Blood test that aids in the detection of <i>Mycobacterium tuberculosis</i> , the bacteria which causes tuberculosis (TB).
	A positive QuantiFERON-TB Gold result means that the person has been infected with TB bacteria and should be followed by further medical and diagnostic evaluation to determine if the person has latent TB infection or TB disease. A chest x-ray will be required.
Titers for: Hepatitis B Titer Varicella – (Chicken Pox) MMR – Rubeola (Measles), Mumps and Rubella (German Measles)	Documented antibody/IGG titer levels indicating immunity (blood draw to demonstrate your immune status to identified communicable diseases). To be effective, the blood test must indicate that you are positive for immunity.
COVID Vaccine: FIRE 2271 EMT ONLY: Some clinical sites will accept a Religious Exemption (for COVID only) or a letter of declination. However, this will limit your choice of clinical sites.	Documented proof of current vaccination MUST include the following: (1) Student name (2) Date(s) administered (3) Manufacturer (4) Lot# of vaccine(s)
Chart Review  MUST be done by Edward Corporate Health	All medical records must be reviewed by Edward Corporate Health. A clearance form will be completed at your appointment. Please do NOT begin until instructed to do so.
	Please allow plenty of time to get all requirements completed and reviewed by Edward Corporate Health.

Health Requirements

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Requirement	What
Drug Test – This <u>MUST</u> be done through <u>CastleBranch;</u> Do <u>NOT</u> begin until instructed to do so	A 10 panel urine drug test will be used to identify the presence. Please do NOT begin until instructed to do so. (Refer to specific program instructions for appropriate package code and further details)
bo NOT begin until histracted to do so	<b>IMPORTANT NOTE</b> : 'Positive' results for Marijuana will <u>NOT</u> be accepted as marijuana is not federally regulated. This means that if you receive a 'positive' result for Marijuana, you will <u>not</u> be able to move forward in the program as the clinical sites require a 'clear' drug test. FYI, marijuana can remain in your system for at least 4-8 weeks. Please note that even if you had a prescription for medical marijuana, it will still not be accepted. This policy is also stated in our <u>Policy for Professional Conduct</u> .
	If you receive a "dilute negative" result, this means that your urine was too diluted to obtain an accurate result and you need to re-pay and take a new drug test. Please be cognizant of how much liquid you drink. It is best to try to schedule the test first thing in the morning when the sample will be most concentrated, if possible.
Medical Document Manager – This <u>MUST</u> be done through <u>CastleBranch</u>	If required by your Paramedic Program, all medical documents must be uploaded to <u>CastleBranch</u> once the chart review is complete. Students will have unlimited access to their Medical Documents through graduation and beyond.
Does NOT apply for EMT.	Students whose Paramedic Programs utilize the Medical Document Manager will be provided detailed instructions on how to set up their account once accepted into a program.
Background Check	Background Checks are completed through <u>CastleBranch</u> . Please do <u>NOT</u> begin until instructed to do so. Please refer to the appropriate Paramedic Application packet or
Must be done through CastleBranch;	EMT Registration Packet for details including instructions and package code.
Must be done for EMT prior to registration.  Paramedic Program due dates vary by program.	EMT Registration packets are posted on the EMT webpage.
Refer to their specific application packet.	Paramedic Application Packets are posted on the <u>Paramedic Webpage</u> .
CPR Card	Must be American Heart Association – BLS for Health Care Providers. Card must be signed by student. Must be valid through entire length of chosen program.
	(Does <u>NOT</u> apply for FIRE 2271 EMT).
Medical Insurance	Can be purchased through the college's insurance carrier. Please visit <u>Student</u> <u>Health Insurance</u> website for details.
	Must be comprehensive health insurance and valid through entire length of chosen program.

# **HEALTH REQUIREMENTS PRICING**

Below is a list of health services and the current fees charged by Edward Corporate Health. Students may also check their local health department, convenient care locations or retail clinic, as they may offer some or all of the services. Students may use their own health care provider for any or all of the services with the exception of the background check and drug screen, which <u>must</u> be completed through <u>CastleBranch</u>. Please note that the cost for the health requirements is the responsibility of the student, and requirements and pricing are subject to change. <u>The Chart Review must be completed by Edward Corporate Health</u> and the student is responsible for the fee. The Medical Document Manager tracking will be completed by <u>CastleBranch</u> and you, as a student, will always have access to your medical records.

\*\*\*\*\*Pricing is determined by Edward Corporate Health and is subject to change without notice\*\*\*\*\*

Services Offered	Cost	Notes
Physical Examination (includes Color Vision)	\$48	
Flu Vaccine –  Note: The flu vaccine is seasonal and changes every year in the Fall.	*Pricing varies by clinic and season	Proof of vaccination MUST include the following: (1) Student name, (2) Clinic name, (3) Clinic address, (4) Date administered and (5) Lot # of vaccine  If flu vaccine is not available, students will be required to get vaccine when it becomes available in the Fall.
Tetanus/Diphtheria/Pertussis Vaccination (TDAP)	\$63	*Pricing varies by clinic and season  Obtain a one-time dose of TDAP if you have not previously received vaccine. Obtain TD boosters every  10 years thereafter
QuantiFERON TB Gold Blood Test	\$80	
Hepatitis B Antibody/IgG Titer	\$20	
Varicella Antibody/IgG Titer (Chicken Pox)	\$20	
Rubeola Antibody/IgG Titer (Measles)	\$18	
Mumps Antibody/IgG Titer	\$20	
Rubella Antibody/IgG Titer (German Measles)	\$20	
COVID Vaccine	\$0	
<b>Chart Review -</b> This <u>MUST</u> be done by Edward Corporate Health	\$30	
Drug Test – This <u>MUST</u> be done through <u>CastleBranch.com</u> Do <u>NOT</u> begin until instructed to do so	\$33.99	10 Panel: Marijuana, Cocaine, Phencyclidine, Amphetamines/Methamphetamines, Opiates, Barbiturates, Benzodiazepines, Methadone, Methaqualone & Propoxyphene
Medical Document Manager – This <u>MUST</u> be done through <u>CastleBranch.com</u>	\$19.49	The student's records will be managed through CastleBranch by creating a personal profile that they will have unlimited access to beyond graduation.
Background Check – This MUST be done through CastleBranch.com.	\$72.99	EMT students must complete prior to registration.  Paramedic students will vary by program.

Possible Additional Services	Cost	Notes
MMR Vaccine (per dose)	\$77	
Varicella Vaccine (per dose)	\$130	
Hepatitis B Vaccine (per dose)	\$48	
Tetanus/Diphtheria (TD-Booster)	\$49	
TB Positive PPD Form	\$11	
Fit Testing	\$55	
	Contact Edward	X-ray – Chest 2 views - \$29
Chast V Pay	Corporate Health for	Prof Fee – Chest X-ray 2 Views - \$49
Chest X-Ray	additional	
	information	

## **EDWARD CORPORATE HEALTH LOCATIONS**

You MUST visit one of these locations in-person to complete a Chart Review

### **Edward Healthcare Center – Bolingbrook**

130 N. Weber Road, Suite 105

Bolingbrook, IL. 60440 - (1/4 mile south of Boughton Road)

## Schedule an appointment:

Phone: (630) 527-7299 press #2

Fax: (630) 646-5780

#### **Hours:**

Monday – Friday: 8:00 a.m. to 6:00 p.m. Saturday – 8:00 a.m. to 12:00 p.m.

## Edward Occupational Health - Edward Hospital Campus- Naperville

Medical Office Building I 100 Spalding Dr., Suite 212

Naperville, IL 60540

## Schedule an appointment:

Phone: (630) 527-7299 press #2

Fax: (630) 961-4934

#### **Hours:**

Monday – Friday: 7:00 a.m. – 5:00 p.m.

## Edward Outpatient Center - Plainfield - \* NOTE: CLOSED UNTIL FURTHER NOTICE

24600 W. 127th Street

Plainfield, IL. 60585 - (127th and Van Dyke Road)

## Schedule an appointment:

Phone: (779) 263-3029 Fax: (779) 263-3019

#### **Hours:**

Monday, Wednesday and Friday only: 8:00 a.m. to 4:00 p.m.

## **Edward Outpatient Center – Addison**

303 W. Lake Street Addison, IL 60101

# Schedule an appointment:

Phone: (331) 221-0570 press #2

#### **Hours:**

Monday - Friday: 8:30 a.m. to 5:00 p.m.

#### **Edward Outpatient Center – Elmhurst**

1200 S. York Street

Elmhurst, IL 60126

## Schedule an appointment:

Phone: (331) 221-0570 press #2

## **Hours:**

Monday - Friday: 7:00 a.m. to 5:00 p.m.

# **PHYSICAL EXAMINATION FORM**

College of DuPage - 425 Fawell Blvd, Glen Ellyn, IL 60137

Please Print	by your physician and brought to Edward Corpo	rate reality our chart neview
Name Last	First	
Health Program	Date of Birth (MM/DD/YYYY)	SS#
Must be completed by a licensed me	dical professional	
HeightWeight	Blood PressurePuls	se
Physical Findings - <b>Must be complete</b>	d by a licensed medical physician, nurse pra	ctitioner or physician assistant.
Body Systems	Normal	Abnormal, please describe
Cardiovascular		
Eye		
Ear, Nose, Throat		
Conversational Hearing		
Color Vision		
Gastrointestinal		
Metabolic-Endocrine		
Musculoskeletal		
Neurological		
Respiratory		
Skin (Exposed areas only)		
Lymph Nodes		
Is student presently under any medical tr	eatment? If yes, please explain:	
Conclusion: (check one)		
	o perform essential functions defined by the hea ext page for complete listing of essential function	
	o perform essential functions defined by the hear with the following accommodation(s)/restrictions	
The student <b>has not</b> been medical DuPage and of the desired health	ly cleared to perform essential functions defined career.	d by the health programs of College of
Examiner's Name ( <i>Please Print</i> )	Date of	Examination

# **COLLEGE OF DUPAGE ESSENTIAL FUNCTIONS**

**Health Career Programs** 

Please take this document to your Physical Exam appointment

These are generally required for all College of DuPage Health Career Programs. Variations of this will be addressed in program or course specific information. If the ability to perform these essential functions with or without reasonable accommodations result in the inability to meet identified student learning outcomes, the student may be at risk of not successfully completing the course and/or program.

#### **MOTOR CAPABILITY:**

- 1. Move from room to room and maneuver in small spaces
- 2. Squat, crawl, bend/stoop, reach above shoulder level, use standing balance, and climb stairs
- 3. Lift and carry up to 50 lbs., and exert up to 100 lbs. force or push/pull
- 4. Use hands repetitively; use manual dexterity; sufficient fine motor function
- 5. Must be able to walk and stand for extended periods of time
- 6. Perform CPR
- 7. Travel to and from academic and clinical sites

#### **SENSORY CAPABILITY:**

- 1. Coordinate verbal and manual instruction
- 2. Auditory ability sufficient to hear verbal communication from clients and members of the health team; includes ability to respond to emergency signals.
- 3. Discern soft sounds, such as those associated with taking a blood pressure
- 4. Visual acuity to acquire information from documents such as charts
- 5. Comfortable working in close physical proximity to patient

#### **COMMUNICATION ABILITY:**

- 1. Communicate effectively in English with patients, families, and other health care providers, both verbally and in writing
- 2. Effectively adapt communication for intended audience
- 3. Interact; establish rapport with individuals, families, and groups from a variety of social, emotional, cultural and intellectual backgrounds
- 4. Assume the role of a health care team member
- 5. Function effectively under supervision
- 6. Sufficient command of the English language in order to read and retrieve information from lectures, textbooks, as well as understand medical terminology
- 7. Skills include computer literacy

### PROBLEM SOLVING ABILITY:

- 1. Function effectively under stress
- 2. Respond appropriately to emergencies
- 3. Adhere to infection control procedures
- 4. Demonstrate problem-solving skills in patient care (measure, calculate, reason, prioritize, and synthesize data).
- 5. Use sound judgment and safety precautions
- 6. Address problems or questions to the appropriate persons at the appropriate time
- 7. Organize and prioritize job tasks

#### **BEHAVIORAL SKILLS AND PROFESSIONALISM:**

- 1. Follow policies and procedures required by academic and clinical settings
- 2. Adheres to College of DuPage Academic Honesty Policy (per College Catalog)
- 3. Adheres to College of DuPage Code of Conduct (per College Catalog)
- 4. Abides by the guidelines set forth in the Health Insurance Portability and Accountability Act (HIPAA, i.e., the national privacy act).

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# **EDWARD CORPORATE HEALTH CLEARANCE FORM**

## **NURSING & HEALTH SCIENCES DIVISION CHART REVIEW**

\*\*\*\*\*\*Form is filled out by Edward Corporate Health - NOT STUDENT\*\*\*\*\*

College of DuPage Program Name:	Semester Clinicals begin:
Be advised that: LAST NAME:	FIRST NAME:
(PLEASE PRINT)	
Physical Exam Date:  The student is medically cleared to perform essential functions defined by the health programs of College of	Immunity (status) – Positive Antibody/IgG Titers Required for: Hepatitis B, Varicella and MMR.
DuPage.  Flu Vaccine Date: Clinic Name:	HEPATITIS B:  For negative or equivocal titer results:  • The complete vaccine series must be completed. Titer is to be completed 4 weeks subsequent to completion of series.
Clinic Address:	Hepatitis B Original Vaccine Series:  1st Administration Date: 2nd Administration Date:
Manufacturer:  Lot #:	3 <sup>rd</sup> Administration Date:
Tdap Vaccine Date:	Hepatitis B IgG Antibody Titer  Titer Date: Result:  Negative or Equivocal Titer:
Td Booster if applicable Date: (Original Tdap vaccine date required)	Vaccine Booster Series
Color Vision: Pass: (circle) Yes OR No	4 <sup>th</sup> Administration Date:  5 <sup>th</sup> Administration Date:  6 <sup>th</sup> Administration Date:
QuantiFERON-TB Gold Blood Test Date: Result: Expires:	Repeat Titer Date:Result:
Only If medically necessary:  Chest X-Ray Date:  Result:  Expires:	
Annual TB Questionnaire Date:  "Negative" Chest X-Ray in past? (circle) Yes OR No	
Date of "Negative" Chest X-Ray:	

If vaccination series was previously administered, one booster is required. Titer is to be completed 4 weeks subsequent to administration of booster.  If vaccination series has not been previously administered, the series must be completed and followed by a titer 4 weeks subsequent to the completion of the series  Varicella Original Vaccine Series  1st Administration Date: 2nd Administration Date: Result: Result: Result: Repeat Titer Date: Result: Result:	booster is required. Titer is to be completed 4 weeks subsequent to administration of booster.  • If vaccination series has not been previously administered, the series must be completed and followed by a titer 4 weeks subsequent to the completion of the series    MMR Original Vaccine Series   1st Administration Date:   2nd Administration Date:   2nd Administration Date:   Measles (Rubeola) IgG Antibody Titer   Titer Date:   Result:   Mumps IgG Antibody Titer   Titer Date:   Result:   Rubella IgG Antibody Titer   Titer Date:   Result:   Res
	Negative or Equivocal Titers:  Booster Date: Repeat Titer Date: Result:
NON-RESPONDERS have been counseled by a healthcare property initial  Date  1. Records have been reviewed and/or examination has been clear to perform job duties without physical restrictions.  2. Cleared with the following restriction (restrictions may present the property of the prope	n performed by physician. Based on the information, student is
3. Based on Physician's report and/or other diagnostic finding College of DuPage.  Signature	gs, student is <u>NOT</u> medically cleared for the health program at the  Date

# FOR EMT & PARAMEDIC PROGRAMS ONLY

# **QuantiFERON, Drug Screen and Other Important Dates**

In addition to all Health Requirements listed in the Health Requirement Packet, the programs below have specific dates you must comply with.

<u>Complete page #9 and page #9 only with your personal/primary care physician only</u>. Be sure to review the immunization requirements outlined in the Health Requirements Packet with your personal/primary care physician and be sure to obtain an up-to-date copy of your immunization history.

