

## Nasopharyngeal and Oropharyngeal Suctioning Return Demonstration

Student Name: \_\_\_\_\_ Student Signature: \_\_\_\_\_

Evaluator Signature: 1<sup>st</sup> attempt \_\_\_\_\_ Date: \_\_\_\_\_  Satisfactory\*  Unsatisfactory^

Evaluator Signature: 2<sup>nd</sup> attempt \_\_\_\_\_ Date: \_\_\_\_\_  Satisfactory\*  Unsatisfactory^

Evaluator Signature: 3<sup>rd</sup> attempt \_\_\_\_\_ Date: \_\_\_\_\_  Satisfactory\*  Unsatisfactory^

**\*\* Critical Behaviors that need to be stated or done in order to pass the skill.**

PERFORMANCE BEHAVIORS	S*	U^	COMMENTS
<u><b>Assessment</b></u> 1. Avoid distractions 2. Check patient's chart for a. Active physician's order for nasopharyngeal and oropharyngeal suctioning b. <b>** Allergies, history of deviated septum or nasal polyps</b>			
<u><b>Planning</b></u> 3. Identify expected outcomes.			
4. Gather equipment; whenever applicable, check patency and expiration date a. 12F suction catheter and glove kit b. Sterile saline or sterile water c. Blue pad d. Pulse oximeter e. Yankauer f. Oral swab g. Personal Protective Equipment (PPE)			
<u><b>Implementation</b></u> 5. Upon entering the room a. <b>** Perform hand hygiene</b> b. Be aware of your spatial safety, have call light within reach c. Identify self d. Assure privacy e. <b>** Identify patient using two patient identifiers</b> 6. <b>** Ask patient if they have any allergies and check for identifying arm bands</b> 7. Explain what is about to occur 8. Allow for patient questions 9. Raise bed to comfortable working height 10. Adjust room for proper lighting 11. Apply pulse oximeter, keep in place for duration of the procedure			
<b>12. ** Perform focused assessments to confirm need for suctioning including respiratory rate, effort, oxygen saturation and breath sounds.</b>			
13. Position patient comfortably in semi-Fowler's position.			
14. Place waterproof pad across patient's chest. Move overbed table close to your work area.			
15. Turn on suction unit, set to continuous suction, and adjust to appropriate pressure: <ul style="list-style-type: none"> <li>● Wall unit               <ul style="list-style-type: none"> <li>○ Adult: 100-150 mm Hg</li> <li>○ Child: 100-120 mm Hg</li> <li>○ Infant: 80-100 mm Hg</li> </ul> </li> <li>● Portable unit               <ul style="list-style-type: none"> <li>○ Adult: 10-15 cm Hg</li> <li>○ Child: 10-12 cm Hg</li> <li>○ Infant: 8-10 cm Hg</li> </ul> </li> </ul>			

PERFORMANCE BEHAVIORS	S*	U^	COMMENTS
16. Hyper-oxygenate the patient by increasing the patient's supplemental oxygen level or applying supplemental oxygen per facility policy			
17. <b>** Open sterile suction package with aseptic technique. Touching only the outside surface, carefully remove the sterile cup. Pour sterile saline or sterile water into it.</b>			
18. <b>** Don sterile gloves</b> a. The dominant hand will manipulate the catheter and must remain sterile. The non-dominant hand will control the suction valve.			
19. <b>** Prepare to suction the patient:</b> a. With your dominant sterile hand, pick up the sterile suction catheter b. With your non-dominant hand, pick up the suction tubing and connect to suction c. Lubricate the catheter by dipping into saline and confirming patency d. Encourage the patient to take several deep breaths			
20. <b>** Nasopharyngeal suctioning of the patient:</b> a. Remove oxygen delivery device with non-dominant hand to preserve sterility b. Gently advance the catheter through the naris approximately 5-6 inches toward the trachea to reach the pharynx. <b>** Do not apply suction upon insertion.</b> c. Upon withdrawal apply suction by occluding the suction port intermittently with your non-dominant hand. Gently rotate catheter upon withdrawal. <b>** Do NOT apply suction for more than 10-15 seconds at a time.</b> d. Replace oxygen delivery device with non-dominant hand and have patient take deep breath			
21. Flush catheter with saline and repeat suctioning, allowing for 30-60 seconds rest between suction passes. Alternate nostrils if not contraindicated. Do NOT suction more than 3 times in one suctioning episode.			
22. Oropharyngeal suctioning of the patient a. Advance the catheter along the sides of the mouth toward the pharynx, approximately 3-4 inches b. Repeat if necessary 23. <b>** Evaluate patient's response to care including respiratory rate, effort, oxygen saturation and breath sounds.</b>			
24. Offer oral suction with Yankauer 25. When done suctioning, wrap catheter in dominant hand while removing gloves to discard 26. <b>** Perform hand hygiene and don clean gloves</b> 27. Offer oral care 28. Turn off suction device 29. Dispose of used equipment 30. Document procedure			
31. Before leaving room a. <b>** Reposition patient for comfort and safety</b> b. <b>** Lower bed</b> c. <b>** Raise appropriate side rails</b> d. <b>** Leave call light and belongings in reach</b> e. <b>** Perform hand hygiene</b>			
<u>Evaluation</u> 32. Document respiratory assessment, time of suctioning, description of secretions, patient's response to procedure and evaluation data.			

\*S = Satisfactory, ^U = Unsatisfactory

\*\*Critical Behaviors that need to be stated or done in order to pass the skill.