

College of DuPage

COVID-19 Exposure Guidelines

August 15, 2022

- Regardless of vaccination status, staff or students exposed to someone with COVID-19 do not need to quarantine but should wear a high-quality mask for 10 days. It is also recommended that they get a COVID-19 test 5 days after exposure.
- Staff or students who were exposed to someone with COVID-19 and who are experiencing COVID-19 symptoms* should isolate (see Isolation and Precautions for People with COVID-19) and get tested. After testing if staff or students have a:
 - POSITIVE COVID-19 test, CDC's isolation guidelines should be continued.
 - NEGATIVE COVID-19 test, isolation can be discontinued.

*COVID-19 symptoms:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Source: Center for Disease Control and Prevention

<https://www.cdc.gov/media/releases/2022/p0811-covid-guidance.html>

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>